

# LifeshareMatters

Newsletter April 2016



Working to prevent and break the cycle of homelessness reduce harm and promote health

## Greater Manchester Chambers Action for Business

On 13 April, our Admin Officer attended a breakfast networking event at Cloud 23 in the Hilton meeting local business people and getting updates on news.



## Ladies Fellowship St Thomas Mellor



On 13 April Judy Vickers gave a talk and received a generous cheque of £45, £29.05 cash and donation of toiletries to support the service.

## Parasol Focus Group 14th April

Parasol held a discussion for research on young Europeans experiences in Greater Manchester.

<https://twitter.com/ProjectParasol>



## Shelf Help (Reading Well)



Danny Middleton, Service Development Officer at Manchester City Library, brought a selection of books covering coping with the pressures of life including mental health issues such as stress, anxiety and low confidence for our clients.

## Mark Jorgensen I Love Manchester

<http://www.ilovemanchester.com/2016/04/15/lifeshare-is-a-charity-on-the-frontline-of-the-manchester-homelessness-epidemic.aspx>



## Homeless Not Helpless



On 16th April Sam and other members of the Coalition of Relief were judges at a [MedxSolve ManMedSoc](#) event at City Labs with students generating ideas to solve homelessness and pitching them to the room.



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## Client

I'm out on the streets of these cold roads,  
15 years old I started alone,  
Not even a phone to call ma own,  
Feel so cold when I walk the road  
Cuz they're so bold that's what's cold  
Cuz these streets and roads are so old  
They were here before every living soul  
That took their own stroll, make yo role  
These roads are cold, it's a dark hole,  
That I always walk alone on ya soul  
Walk on ma own got no home  
I call ma own my music come from ma own soul  
So I already know this music is what I made  
Life is a game, that's why I make my own flame  
Don't follow by rules of life  
Follow ya own and ya life is nice  
Just put down the knife cuz my life is my life



## GARBAGE NOT GARAGE @ The Ruby Lounge

featuring the Kar-Pets, Tom Hingley Band, Aziz and the Atmospherics

Thursday 21st April 2016 @ 7.30pm - Ticket Price £10

Think of Bowie's Tin Machine, (but with songs), or The Jimi Hendrix Experience, played by Frank Spencer!

And you get the idea. Playing Electric versions of songs from Tom's solo albums, "Sand" and "Paper", plus newer material from their EP "No Peace for the Good Looking", Tom Hingley Band's sets go all the way up to 11.

After 38 years of has gone back to his roots by strapping on an electric guitar - now there is an even bigger sound than his voice on stage!



## Jam & Justice



Open Evening: Co-producing Urban Governance for Social Innovation  
People's History Museum Fri, 13 May, 5:00pm – 7:30pm  
<http://www.the-sarf.org.uk/beyond-the-echo-chamber/>

## Cities of Hope

<http://citiesofhope.global/>

21– 29 May 2016

9 leading street artists from across the globe will produce an inspirational mural on a cause that resonates with their values. These murals form a street gallery of hope across Manchester's Northern Quarter helping amplify the values of the people of our city.

C215's social justice issue is homelessness <https://www.facebook.com/c215stencils>



## Much More Than a Walk in the Park



The Peak District Challenge - 19th/20th August 2016

10km, 25km, 50km, 75km and 100km challenges to choose from.

Raise money for your favourite charity: you can walk, jog or run!

<https://www.facebook.com/PeakDistrictChallenge>

Follow on Twitter: @PeakDChallenge

Call 07941645520

Visit our website: [www.peak-district-challenge.com](http://www.peak-district-challenge.com)